

Aaron M Norr, PhD

The UCLA-UCSF ACEs Aware Family Resilience Network (UCAAN)

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California Psychologist License #35633

Washington State Psychologist License #PY60828047

EDUCATION

- 2017 **VA Puget Sound Health Care System, Seattle, Washington**
Clinical Psychology Doctoral Internship (APA Accredited)
Training Director: Stephen McCutcheon, PhD
- 2017 **Florida State University (FSU), Tallahassee, Florida**
PhD in Clinical Psychology (APA Accredited)
Dissertation Advisor: Brad Schmidt, PhD
MS in Clinical Psychology (conferred 2014)
- 2009 **University of Washington, Seattle, Washington**
BS in Psychology, Magna Cum Laude
Minor: Spanish

POSTGRADUATE POSITIONS

- 2023 – Current **Senior Director, Clinical and Academic Programs: Education and Training**
The UCLA-UCSF ACEs Aware Family Resilience Network (UCAAN)
David Geffen School of Medicine at University of California Los Angeles (UCLA)
Department of Pediatrics
- 2022 – Current **Assistant Professor/Adjunct Assistant Professor**
University of Washington School of Medicine, Seattle, WA
Department of Psychiatry and Behavioral Sciences
- 2019 – Current **MIRECC Investigator**
VA Puget Sound Health Care System, Seattle, WA
VISN 20 Northwest Network Mental Illness Research, Education and Clinical Center
- 2021 – 2023 **Deputy Associate Chief of Staff for Education/Designated Learning Officer**
VA Puget Sound Health Care System, Seattle/Tacoma, WA
Center for Education and Development
- 2018 – 2021 **Staff Psychologist**
VA Puget Sound Health Care System, Seattle, WA
Outpatient Mental Health Clinic
- 2019 – 2022 **Acting Assistant Professor**
University of Washington School of Medicine, Seattle, WA
Department of Psychiatry and Behavioral Sciences

- 2018 – 2019 **Acting Lecturer/Senior Fellow**
University of Washington School of Medicine, Seattle, WA
 Department of Psychiatry and Behavioral Sciences
- 2018 – 2018 **Graduate Psychologist**
VA Puget Sound Health Care System, Seattle, WA
 Outpatient Mental Health
- 2017 – 2018 **Advanced Postdoctoral Research Fellow**
VA Puget Sound Health Care System, Seattle, WA
 Advanced Fellowship Program in Mental Illness Research and Treatment
 Mental Illness Research, Education, and Clinical Center (MIRECC)

HONORS AND AWARDS

- 2021 Outstanding Research Achievement Award, Psychology Service, VA Puget Sound
- 2020 James Besyner Early Career Award for Distinguished Contributions – Association of VA
 Psychologist Leaders
- 2018 Arthur W. Melton Early Achievement Award - APA Division 19
 (Society for Military Psychology)
- 2015 Russell and Eugenia Morcom Career Development Award
- 2015 FSU Graduate School Dissertation Research Grant Award
- 2012 – 2016 FSU Psychology Department Graduate Student Research Development Awards
- 2012 – 2016 FSU Congress of Graduate Students Conference Presentation Grants
- 2011 FSU Congress of Graduate Students Conference Attendance Grant
- 2008 Phi Beta Kappa
- 2005 – 2009 Dean's List, University of Washington

GRANT FUNDING (ACTIVE/COMPLETED)

- 2021 – 2027 **VA Rehabilitation Research & Development (RR&D) IIR (I01 RX003503)**
*Randomized Trial of Prolonged Exposure (PE) vs. PE with PE Coach Among
 Veterans with PTSD*
Role on Project: Co-Investigator
Principal Investigator: Greg Reger, PhD
Total Costs: \$1.19M
- 2021 – 2024 **National Institutes of Health R21 (R21MH123840)**
*User-centered Design and Evaluation of a Virtual Human Patient to Improve Safety
 Planning Skills*
Role on Project: Principal Investigator
Co-Investigators: Greg Reger, PhD; Mark Reger, PhD; Albert Rizzo, PhD; Thomas
 Talbot, MD; Jennifer June, MS; David Kapelle, MA
Total Costs: \$358,704
- 2020 – 2022 **Department of Defense Military Suicide Research Consortium (W81XWH-10-2-
 0181)**
*Conceptual Design of a Virtual Standardized Patient for Suicide Safety Planning in
 the Department of Defense*

Role on Project: Principal Investigator
Co-Investigators: Greg Reger, PhD; Mark Reger, PhD
Total Costs: \$80,308

2017 – 2019 **VA Puget Sound Healthcare System Research & Development Seed Grant**
Pilot Trial of a Computerized Treatment for Mental Health Symptoms in Primary Care
Role on Project: Principal Investigator
Co-Investigators: Greg Reger, PhD; Keren Lehavot, PhD
Total Costs: \$45,000

SOFTWARE DEVELOPED

1. Amador, A., Avalos-Garcia, C., Bradley, C., Finley, S., Gilgoff, R., Kotz, K., Martin, C., Nguyen, P., **Norr, A. M.**, Singh, L. (2024). *Prevention of Burnout for Health Care Teams* [MOOC]. UCLA UCSF ACEs Aware Family-Resilience Network (UCAAN). <https://www.acesaware.org>
2. Gilgoff, R., Kotz, K., Schwartz, T., Beasley, D., Martin, C., Babcock E., Chapman, A., Conn, R., Madzura V., Bradley, C., **Norr, A. M.** (2023). *Stress Busters: Clinical Strategies for Preventing and Mitigating Toxic Stress* [MOOC]. UCLA UCSF ACEs Aware Family-Resilience Network (UCAAN). www.acesaware.org/managestress
3. **Norr, A. M.**, Talbot, T., Rizzo, A. A., Kapelle, D., Reger, G. M. (2022). *Virtual Patient for Suicide Safety Planning (Version 1.0)*. [computer software].

PEER-REVIEWED MANUSCRIPTS (UNDERLINE DENOTES STUDENT MENTEE)

1. **Norr, A. M.**, Nguyen, J., June, J. D., Reisinger, H. S., Reger, K. A., Talbot, T., Rizzo, A. A., & Reger, G. M. (2025). Design and development of a virtual standardized patient to support suicide safety planning among U.S. veterans and military personnel. *International Journal of Human-Computer Interaction*. doi: 10.1080/10447318.2025.2555704
2. **Norr, A. M.**, Sandel-Fernandez, D., Nguyen, J., Reisinger, H. S., & Reger, G. M. (2024). Suicide prevention safety planning in the US Department of Defense: Qualitative assessment of training. *Suicide and Life-Threatening Behavior*, 55, e13131. doi: 10.1111/sltb.13131
3. Zaizar, E. D., Gramlich, M. A., Rizzo, A. A., Reger, G. M., & **Norr, A. M.** (2024). Exploration of the impact of baseline clinician learner characteristics on motivational interviewing skill improvement following training with a virtual standardized patient. *Training and Education in Professional Psychology*, 18, 378-385. doi: 10.1037/tep0000490
4. Gebhardt, H. M., **Norr, A. M.**, Markman, J. D., & Reger, M. A. (2024). Experience and impact of inappropriate patient sexual behaviors within a large VA Healthcare System. *Journal of Hospital Medicine*, 19, 394-398. doi: 10.1002/jhm.13313
5. Reger, G. M., Stevens, E. S., Reisinger, H. S., **Norr, A. M.**, Buck, B., & Zoellner, L. (2024). Pilot randomized, cross-over trial of prolonged exposure with and without the PE Coach mobile application: A mixed-methods study of patient centered outcomes among veterans with PTSD. *Professional Psychology: Research and Practice*, 55, 118-128. doi: 10.1037/pro0000545
6. Reger, G.M., Smolenski, D., Williams, R., **Norr, A. M.**, Foa, E., Kuhn, E., Schnurr, P. P., Weathers, F., & Zoellner, L. (2023). Design and Methods of a Randomized Controlled Trial Evaluating

- the Effects of the PE Coach Mobile Application on Prolonged Exposure Among Veterans with PTSD. *Contemporary Clinical Trials*, 127, 107115. doi: 10.1016/j.cct.2023.107115
7. Raines, A. M., Chambliss, J. L., **Norr, A. M.**, Sanders, N., Smith, S., Walton, J. L., True, G., Franklin, C. L., & Schmidt, N. B. (2022). Acceptability, feasibility, and utility of a safety aid reduction treatment in underserved veterans: A pilot investigation. *Cognitive Behaviour Therapy*, 52, 1-17. doi: 10.1080/16506073.2022.2130819
 8. Caulfield, N. M., Martin, R. L., Smith, N. S., Karnick, A. T, **Norr, A. M.**, & Capron, D. W. (2022). A preliminary assessment of the link between anxiety sensitivity and suicidal ideation through dissociative symptoms. *Journal of Trauma and Dissociation*, 23, 97-109. doi: 10.1080/15299732.2021.1989112
 9. Reger, G. M., Harned, M., Stevens, E. S., Porter, S., Nguyen, J., & **Norr, A. M.** (2022). Mobile applications may be the future of veteran mental health support but do veterans know yet? A survey of app knowledge and use. *Psychological Services*, 19, 480-487. Advance online publication. doi: 10.1037/ser0000562
 10. Gramlich, M. A., Smolenski, D. J., **Norr, A. M.**, Rothbaum, B. O., Rizzo, A. A., Andrasik, F., Fantelli, E., & Reger, G. M. (2021). Psychophysiology during exposure to trauma memories: Comparative effects of virtual reality and imaginal exposure for posttraumatic stress disorder. *Depression and Anxiety*, 38, 626-638. doi: 10.1002/da.23141
 11. O'Bryan, E. M., McLeish, A. C., **Norr, A. M.**, Davies, C. D., Ely, S., Bass, Z., Capron, D. W., Schmidt, N. B., & Jastrowski Mano, K. E. (2021). A randomized controlled trial evaluating the efficacy of a brief computerized anxiety sensitivity reduction intervention for health anxiety. *Journal of Anxiety Disorders*, 82, 102425. doi: 10.1016/j.janxdis.2021.102425
 12. Reger, G. M., **Norr, A. M.**, Gramlich, M. A., & Buchman, J. M. (2021). Virtual standardized patients for mental health education. *Current Psychiatry Reports*, 23, 57-63. doi: 10.1007/s11920-021-01273-5
 13. Bourassa, K. J., Hendrickson, R. C., Reger, G. M., & **Norr, A. M.** (2021). PTSD treatment effects on cardiovascular physiology: A systematic review and research agenda. *Journal of Traumatic Stress*, 34, 384-393. doi: 10.1002/jts.22637
 14. Reger, G. M., **Norr, A. M.**, Rizzo, A. A., Sylvers, P., Peltan, J., Fischer, D. Porter, S., & Baer, J. (2021). Virtual Standardized Patients vs Academic Training for Learning Motivational Interviewing Skills in the US Department of Veterans Affairs and the US Military: A Randomized Trial. *JAMA Network Open*, 3, e2017948. doi: 10.1001/jamanetworkopen.2020.17348
 15. Caulfield, N. M., Martin, R. L., **Norr, A. M.**, & Capron, D. W. (2021). The association between posttraumatic stress symptoms and anxiety sensitivity in a college sample. *Psychological Reports*, 124, 1539-1558. doi: 10.1177/0033294120948227
 16. Stevens, E. S., Bourassa, K. J., **Norr, A. M.**, & Reger, G. M. (2021). PTSD symptom cluster structure in prolonged exposure and virtual reality exposure. *Journal of Traumatic Stress*, 34, 287-297. doi: 10.1002/jts.22602
 17. **Norr, A. M.**, Katz, A. C., Nguyen, J. L., Lehavot, K., Schmidt, N. B., & Reger, G. M. (2020). Pilot trial of a transdiagnostic computerized anxiety sensitivity treatment Among VA primary care patients. *Psychiatry Research*, 293, 113394. doi: 10.1016/j.psychres.2020.113394
 18. Katz, A. C., **Norr, A. M.**, Buck, B., Fantelli, E., Koenen-Woods, P., Zetocha, K., Smolenski, D. J., Holloway, K., Rothbaum, B. O., Difede, J., Rizzo, A., Stewart, A., Skopp, N., Mishkind, M., Gahm, G., Reger, G. M., & Andrasik, F. (2020). Changes in physiological reactivity in

- response to the trauma-memory during prolonged exposure and virtual reality exposure therapy for posttraumatic stress disorder. *Psychological Trauma: Theory, Research, Practice, and Policy*, 12, 756–764. doi: 10.1037/tra0000567
19. Reger, G. M., Bourassa, K. J., **Norr, A. M.**, & Buck, B. (2020). The impact of exposure therapy on stigma and mental health treatment attitudes among active duty U.S. soldiers with combat related PTSD. *Journal of Psychiatric Research*, 126, 98-104. doi: 10.1016/j.jpsychires.2020.05.005
 20. Bourassa, K. J., Stevens, E., Katz, A. C., Rothbaum, B. O., Reger, G. M., & **Norr, A. M.** (2020). The impact of exposure therapy on resting heart rate and heart rate reactivity among active duty soldiers with PTSD. *Psychosomatic Medicine*, 82, 108-114. doi: 10.1097/PSY.0000000000000758
 21. Bourassa, K. J., Edwards-Steward, A., Smolenski, D. J., Campbell, S. B., Reger, G. M., & **Norr, A. M.** (2020). The impact of prolonged exposure therapy on social support and PTSD symptoms. *Journal of Affective Disorders*, 260, 410-417. doi: 10.1016/j.jad.2019.09.036
 22. Shulman, G. P., Buck, B. E., Gahm, G. A., Reger, G. M., & **Norr, A. M.** (2019). Effectiveness of the intent to complete and intent to attend intervention to predict and prevent soldier PTSD treatment drop out. *Journal of Traumatic Stress*, 32, 784-790. doi: 10.1002/jts.22427
 23. Reger, G. M., Smolenski, D., Edwards-Stewart, A., Skopp, N. A., Rizzo, A. A., & **Norr, A. M.** (2019). Does virtual reality increase simulator sickness during VR exposure therapy for PTSD? *Telemedicine and eHealth*, 25, 859-861. doi:10.1089/tmj.2018.0175
 24. Reger, G. M., Bourassa, K. J., Smolenski, D. J., Buck, B., & **Norr, A. M.** (2019). Lifetime trauma exposure among those with combat-related PTSD: Psychiatric risk among U.S. military personnel. *Psychiatry Research*, 278, 309-314. doi:10.1016/j.psychres.2019.06.033
 25. **Norr, A. M.**, Bourassa, K. J., Stevens, E. S., Hawrilenko, M. J., Michael, S. T., & Reger, G. M. (2019). Relationship between change in in-vivo exposure distress and PTSD symptoms during exposure therapy for active duty soldiers. *Journal of Psychiatric Research*, 116, 133-137. doi:10.1016/j.jpsychires.2019.06.013
 26. Buck, B. E., **Norr, A. M.**, Katz, A. C., & Reger, G. M. (2019). Reductions in psychotic-like experiences during exposure therapy for post-traumatic stress disorder. *Psychiatry Research*, 272, 190-195. doi:10.1016/j.psychres.2018.12.022
 27. Reger, G. M., Smolenski, D. J., **Norr, A. M.**, Katz, A. C., Buck, B., & Rothbaum, B. O. (2019). Does virtual reality increase emotional engagement during exposure for PTSD? Subjective distress during prolonged and virtual reality exposure therapy. *Journal of Anxiety Disorders*, 61, 75-81. doi:10.1016/j.janxdis.2018.06.001
 28. **Norr, A. M.**, Smolenski, D. J., & Reger, G. M. (2018). Effects of prolonged exposure and virtual reality exposure on suicidal ideation in active duty soldiers: An examination of potential mechanisms. *Journal of Psychiatric Research*, 103, 69-74. doi:10.1016/j.jpsychires.2018.05.009
 29. Boffa, J. W., **Norr, A. M.**, Tock, J. L., Amir, N., & Schmidt, N. B. (2018). Development of the Interpretation Bias Index for PTSD. *Cognitive Therapy and Research*, 42, 720-734. doi:10.1007/s10608-018-9915-8
 30. Korte, K. J., **Norr, A. M.**, & Schmidt, N. B. (2018) Targeting safety behaviors in the treatment of anxiety disorders: A case study on the use of False Safety Behavior Elimination Treatment (F-SET). *American Journal of Psychotherapy*, 71, 9-20. doi:10.1176/appi.psychotherapy.20180001

31. **Norr, A. M.**, Smolenski, D. J., Katz, A. C., Rizzo, A. A., Rothbaum, B. O., Difede, J., Koenen-Woods, P., Reger, M. A., & Reger, G. M. (2018). Virtual reality exposure versus prolonged exposure for PTSD: Which treatment for whom? *Depression and Anxiety*, *35*, 523–529. doi:10.1002/da.22751
32. **Norr, A. M.**, Allan, N. P., Reger, G. M., & Schmidt, N. B. (2018). Exploring the pathway from anxiety sensitivity intervention to suicide risk reduction: Chained mediation through anxiety and depressive symptoms. *Journal of Affective Disorders*, *231*, 27-31. doi:10.1016/j.jad.2018.01.015
33. Mathes, B. M., **Norr, A. M.**, Allan, N. P., Albanese, B. J., & Schmidt, N. B. (2018). Cyberchondria: Overlap with health anxiety and unique relations with impairment, quality of life, and service utilization. *Psychiatry Research*, *261*, 204-211. doi:10.1016/j.psychres.2018.01.002
34. Albanese, B. J., Macatee, R. J., Allan, N. P., Short, N. A., **Norr, A. M.**, & Schmidt, N. B. (2018). Interactive effects of anxiety sensitivity and attentional control on post-traumatic stress in community and clinical populations. *Psychiatry: Interpersonal and Biological Processes*, *81*, 1-14. doi:10.1080/00332747.2017.1309867
35. Mishkind, M. C., **Norr, A. M.**, Katz, A. C., & Reger, G. M. (2017). Review of virtual reality in psychiatry: Evidence vs. current diffusion and practice. *Current Psychiatry Reports*, *19*, 80-88. doi:10.1007/s11920-017-0836-0
36. **Norr, A. M.**, Gibby, B. A., Fuller, K. L., Portero, A. K., & Schmidt, N. B. (2017). Online dissemination of the Cognitive Anxiety Sensitivity Treatment (CAST) using Craigslist: A pilot study. *Cognitive Therapy and Research*, *41*, 600-609. doi:10.1007/s10608-017-9834-0
37. Capron, D. W., **Norr, A. M.**, Albanese, B. J., & Schmidt, N. B. (2017). Fear reactivity to cognitive dyscontrol via novel head-mounted display perceptual illusion exercises. *Journal of Affective Disorders*, *217*, 138-143. doi:10.1016/j.jad.2017.03.068
38. Short, N. A., Boffa, J. W., **Norr, A. M.**, Albanese, B. J., Allan, N. P., & Schmidt, N. B. (2017). Randomized clinical trial investigating the direct and indirect effects of an anxiety sensitivity intervention on posttraumatic stress symptoms: A replication and extension. *Journal of Traumatic Stress*, *30*, 296–303. doi:10.1002/jts.22194
39. Schmidt, N. B., **Norr, A. M.**, Allan, N. P., Raines, A. M., & Capron, D. W. (2017). A randomized clinical trial targeting anxiety sensitivity for patients with suicidal ideation. *Journal of Consulting and Clinical Psychology*, *85*, 596–610. doi:10.1037/ccp0000195
40. Short, N. A., Fuller, K., **Norr, A. M.**, & Schmidt, N. B. (2017). Acceptability of a brief computer-based intervention targeting anxiety sensitivity cognitive concerns. *Cognitive Behaviour Therapy*, *46*, 250-274. doi:10.1080/16506073.2016.1232748
41. **Norr, A. M.**, Gibby, B. A., & Schmidt, N. B. (2017). Is computerized psychoeducation sufficient to reduce anxiety sensitivity in an at-risk sample?: A randomized trial. *Journal of Affective Disorders*, *212*, 48-55. doi:10.1016/j.jad.2017.01.032
42. Capron, D. W., **Norr, A. M.**, Allan, N. P., & Schmidt, N. B. (2017). Combined "top-down" and "bottom-up" intervention for anxiety sensitivity: Development and pilot randomized trial. *Journal of Psychiatric Research*, *85*, 75-82. doi: 10.1016/j.jpsychires.2016.11.003
43. Boffa, J. W., Stanley, I. H., Hom, M. A., **Norr, A. M.**, Joiner, T. E., & Schmidt, N. B. (2017). PTSD symptoms and suicidal thoughts and behaviors among firefighters. *Journal of Psychiatric Research*, *84*, 277-283. doi:10.1016/j.jpsychires.2016.10.014
44. Short, N. A., **Norr, A. M.**, Mathes, B. M., Oglesby, M. E., & Schmidt, N. B. (2016). An examination of the specific associations between facets of emotion dysregulation and posttraumatic stress

- symptom clusters. *Cognitive Therapy and Research*, 40, 783-791. doi:10.1007/s10608-016-9787-8
45. Boffa, J. W., **Norr, A. M.**, Raines, A. M., Albanese, B. J., Short, N. A., & Schmidt, N. B. (2016). Anxiety sensitivity prospectively predicts posttraumatic stress symptoms following a campus shooting. *Behavior Therapy*, 47, 367–376. doi:10.1016/j.beth.2016.02.006
 46. **Norr, A. M.**, Allan, N. P., Macatee, R. J., Capron, D. W., & Schmidt, N. B. (2016). The role of anxiety sensitivity cognitive concerns in suicidal ideation: A test of the Depression-Distress Amplification Model in clinical outpatients. *Psychiatry Research*, 238, 74-80. doi:10.1016/j.psychres.2016.02.016
 47. Macatee, R. J., Allan, N. P., Gajewska, A., **Norr, A. M.**, Raines, A. M., Albanese, B., Boffa, J., Schmidt, N. B., & Cougle, J. R. (2016). Shared and distinct cognitive/affective mechanisms in intrusive cognition: An examination of worry and obsessions. *Cognitive Therapy and Research*, 40, 80-91. doi:10.1007/s10608-015-9714-4
 48. **Norr, A. M.**, Albanese, B. J., Boffa, J. W., Short, N. A., & Schmidt, N. B. (2016). The relationship between gender and PTSD symptoms: Anxiety sensitivity as a mechanism. *Personality and Individual Differences*, 90, 210-213. doi:10.1016/j.paid.2015.11.014
 49. Allan, N. P., **Norr, A. M.**, Macatee, R. J., Gajewska, A., & Schmidt, N. B. (2015). Interactive effects of anxiety sensitivity and emotion regulation on anxiety symptoms. *Psychopathology and Behavioral Assessment*, 37, 663-672. doi:10.1007/s10862-015-9484-z
 50. **Norr, A. M.**, Oglesby, M. E., Raines, A. M., Macatee, R. J., Allan, N. P., & Schmidt, N. B. (2015). Relationships between cyberchondria and obsessive-compulsive symptom dimensions. *Psychiatry Research*, 230, 441-446. doi:10.1016/j.psychres.2015.09.034
 51. Allan, N. P., **Norr, A. M.**, Boffa, J. W., Durmaz, D., Raines, A. M., & Schmidt, N. B. (2015). Examining the unique relations between anxiety sensitivity factors and suicidal ideation and past suicide attempts. *Psychiatry Research*, 228, 441-447. doi:10.1016/j.psychres.2015.05.066
 52. Macatee, R. J., Sarawgi, S., **Norr, A. M.**, Oglesby, M. E., Lejuez, C. W., & Cougle, J. R. (2015). Behavioral assessment of risk-taking under uncertain threat: Associations with affect and pain tolerance. *Personality and Individual Differences*, 87, 256-260. doi:10.1016/j.paid.2015.08.019
 53. Albanese, B. J., **Norr, A. M.**, Capron, D. W., Zvolensky, M. J., & Schmidt, N. B. (2015). Panic symptoms and elevated suicidal ideation and behaviors among trauma exposed individuals: Moderating effects of post-traumatic stress disorder. *Comprehensive Psychiatry*, 61, 42-48. doi:10.1016/j.comppsy.2015.05.006
 54. Allan, N. P., Macatee, R. J., **Norr, A. M.**, Raines, A. M., & Schmidt, N. B. (2015). Relations between common and specific factors of anxiety sensitivity and distress tolerance and fear, distress, and alcohol and substance use disorders. *Journal of Anxiety Disorders*, 33, 81-89. doi:10.1016/j.janxdis.2015.05.002
 55. **Norr, A. M.**, Albanese, B. J., Allan, N. P., & Schmidt, N. B. (2015). Anxiety sensitivity as a mechanism for gender discrepancies in anxiety and mood symptoms. *Journal of Psychiatric Research*, 62, 101-107. doi:10.1016/j.jpsychires.2015.01.014
 56. Allan, N. P., **Norr, A. M.**, Capron, D. W., Raines, A. M., Zvolensky, M. J., & Schmidt, N. B. (2015). Specific associations between anxiety sensitivity dimensions and fear and distress dimensions of emotional distress disorders. *Journal of Psychopathology and Behavior Assessment*, 37, 67-78. doi:10.1007/s10862-014-9437-y
 57. **Norr, A. M.**, Allan, N. P., Boffa, J. W., Raines, A. M., & Schmidt, N. B. (2015). Validation of the Cyberchondria Severity Scale (CSS): Replication and extension with bifactor modeling.

Journal of Anxiety Disorders, 31, 58-64. doi:10.1016/j.janxdis.2015.02.001

58. Allan, N. P., Albanese, B. J., **Norr, A. M.**, Zvolensky, M. J., & Schmidt, N. B. (2015). Effects of anxiety sensitivity on alcohol problems: Evaluating chained mediation through generalized anxiety, depression, and drinking motives. *Addiction*, 110, 260-268. doi:10.1111/add.12739
59. **Norr, A. M.**, Albanese, B. J., Oglesby, M. E., Allan, N. P., & Schmidt, N. B. (2015). Anxiety sensitivity and intolerance of uncertainty as potential risk factors for cyberchondria. *Journal of Affective Disorders*, 174, 64-69. doi:10.1016/j.jad.2014.11.023
60. Allan, N. P., Raines, A. M., Capron, D. W., **Norr, A. M.**, Zvolensky, M. J., & Schmidt, N. B. (2014). Identification of anxiety sensitivity classes and clinical cut-scores in a sample of adult smokers: Results from a factor mixture model. *Journal of Anxiety Disorders*, 28, 696-703. doi:10.1016/j.janxdis.2014.07.006
61. Allan, N. P., Macatee, R. J., **Norr, A. M.**, & Schmidt, N. B. (2014). Direct and interactive effects of distress tolerance and anxiety sensitivity on generalized anxiety and depression. *Cognitive Therapy and Research*, 38, 530-540. doi:10.1007/s10608-014-9623-y
62. **Norr, A. M.**, Allan, N. P., Macatee, R. J., Keough, M. E., & Schmidt, N. B. (2014). Effects of a computerized anxiety sensitivity intervention on anxiety, depression, and worry: Mediation through affect tolerances. *Behaviour Research and Therapy*, 59, 12-19. doi:10.1016/j.brat.2014.05.011
63. **Norr, A. M.**, Capron, D. W., & Schmidt, N. B. (2014). Medical information seeking: Impact on risk for anxiety psychopathology. *Journal of Behavior Therapy and Experimental Psychiatry*, 45, 402-407. doi:10.1016/j.jbtep.2014.04.003
64. Capron, D. W., Allan, N. P., **Norr, A. M.**, Zvolensky, M. J., & Schmidt, N. B. (2014). The effect of successful and unsuccessful smoking cessation on short-term depression, anxiety, and suicidality. *Addictive Behaviors*, 39, 782-788. doi:10.1016/j.addbeh.2013.12.014
65. Capron, D. W., **Norr, A. M.**, Zvolensky, M. J., & Schmidt, N. B. (2014). Prospective evaluation of the effect of an anxiety sensitivity intervention on suicidality among smokers. *Cognitive Behaviour Therapy*, 43, 72-82. doi:10.1080/16506073.2013.777466
66. Schmidt, N. B., **Norr, A. M.**, & Korte, K. J. (2014). Panic disorder and agoraphobia: Considerations for DSM-V. *Research on Social Work Practice*, 24, 57-66. doi:10.1177/1049731512474490
67. **Norr, A. M.**, Oglesby, M. E., Capron, D. W., Raines, A. M., Korte, K. J., & Schmidt, N. B. (2013). Evaluating the Unique Contribution of Intolerance of Uncertainty Relative to Other Cognitive Vulnerability Factors in Anxiety Psychopathology. *Journal of Affective Disorders*, 151, 136-142. doi:10.1016/j.jad.2013.05.063
68. Capron, D. W., **Norr, A. M.**, Macatee, R. J., & Schmidt, N. B. (2013). Distress tolerance and anxiety sensitivity cognitive concerns: Testing the incremental contributions of affect dysregulation constructs on suicidal ideation and suicide attempt. *Behavior Therapy*, 44, 349-358. doi:10.1016/j.beth.2012.12.002
69. Capron, D. W., **Norr, A. M.**, & Schmidt, N. B. (2013). Risk of co-occurring psychopathology: A test of expectancy theory. *Journal of Anxiety Disorders*, 27, 79-83. doi:10.1016/j.janxdis.2012.10.011
70. Oglesby, M. E., Medley, A. N., **Norr, A. M.**, Capron, D. W., Korte, K. J., & Schmidt, N. B. (2013). Intolerance of uncertainty as a vulnerability factor for hoarding behaviors. *Journal of Affective Disorders*, 145, 227-231. doi:10.1016/j.jad.2012.08.003
71. Schmidt, N. B., Buckner, J. D., Pusser, A., Woolaway-Bickel, K., Preston, J. L., & **Norr, A. M.**

(2012). Randomized controlled trial of false safety behavior elimination therapy (F-SET): A unified cognitive behavioral treatment for anxiety psychopathology. *Behavior Therapy*, 43, 518-532. doi:10.1016/j.beth.2012.02.004

BOOK CHAPTERS

1. Schmidt, N. B., Korte, K. J., **Norr, A. M.**, Keough, M. E., & Timpano, K. R. (2014). Panic Disorder and Agoraphobia. In P. Emmelkamp & T. Ehring (Eds.), *The Wiley Handbook of Anxiety Disorders*. (pp. 321-356). Chichester, UK. John Wiley & Sons, Ltd.
2. Schmidt, N. B., Korte, K. J., **Norr, A. M.**, Keough, M. E. (2013). Panic Disorder. In S. Hoffman (Ed.), *The Wiley Handbook of Cognitive Behavioral Therapy*. (pp. 917-939). New York: John Wiley & Sons, Ltd.

PROFESSIONAL PRESENTATIONS (NATIONAL/INTERNATIONAL)

1. **Norr, A. M.**, Rizzo, A. A., June, J. D., Reisinger, H. S., Reger, M. A., Talbot, T., & Reger, G. M. (2024, August 8-10). *Suicide safety planning training with a virtual standardized patient: Initial development and testing*. In G. M. Reger (chair), Virtual Reality and Virtual Standardized Patients for Training/Treatment of those Affected by War. Symposium presented at the annual convention of the American Psychological Association, Seattle, WA.
2. **Norr, A. M.**, Rizzo, A. A., June, J. D., Reisinger, H. S., Reger, M. A., Talbot, T., & Reger, G. M. (2023, May). *VSP for Suicide Safety Planning Training: Initial Development and Testing*. In I. Galynker (Chair) Virtual Reality in Suicide Prevention: A New Frontier in Teaching and Training. Symposium presented at the annual meeting of the American Psychiatric Association, San Francisco, CA.
3. Raines, A. M., **Norr, A. M.**, Chambliss, J. L., Walton, J. L., True, J. G., Franklin, C. L., & Schmidt, N. B. (2020, November). *Evaluating the utility of a safety aid reduction treatment in rural veterans: A pilot investigation*. In A. M. Raines & C. A. Gutner (Chairs), Transdiagnostic Treatment Approaches to Improving Access and Outcomes among Veterans. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Virtual Meeting.
4. **Norr, A. M.**, Katz, A. C., Nguyen, J. L., Schmidt, N. B., & Reger, G. M. (2020, November). *Pilot trial of a transdiagnostic Internet-based intervention for anxiety sensitivity among VA primary care patients*. In G. M. Reger (Chair), Preliminary Results from Trauma and Anxiety Technology Interventions for Veterans. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Virtual Meeting.
5. Reger, G. M., Zoellner, L., Kletke, M., Stevens, E., **Norr, A. M.** (2020, November). *Evaluation of a treatment mobile application during prolonged exposure: Preliminary findings for PE Coach*. In G. M. Reger (Chair), Preliminary Results from Trauma and Anxiety Technology Interventions for Veterans. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Virtual Meeting.
6. O'Bryan, E. M., McLeish, A. C., **Norr, A. M.**, Ely, S., Bass, Z., Davies, C. D., Capron, D. W., Schmidt, N. B., & Jastrowski Mano, K. E. (2020, March). *A randomized controlled trial evaluating the efficacy of a brief computerized anxiety sensitivity reduction intervention for health anxiety*. In E. M. O'Bryan and C. M. Luberto (Chairs), Transdiagnostic risk factors and health-related anxiety in medical and non-medical populations. Paper submitted for presentation at the 54th annual meeting of the Association for Behavioral and Cognitive

Therapies, Philadelphia, PA.

7. **Norr, A. M.**, Allan, N. P., & Schmidt, N. B. (2016, November). *The effects of a computerized anxiety sensitivity intervention on health anxiety*. In E. M. O'Bryan and A. C. McLeish (Chairs), Recent advances in the study of health anxiety. Symposium conducted at the annual conference of the Association for Behavioral and Cognitive Therapies, New York, NY.
8. Capron, D. W., **Norr, A. M.**, Allan, N. P., & Schmidt, N. B. (2016, November). *Combined "top-down" and "bottom-up" intervention for anxiety sensitivity*. In J. Kuckertz (Chair), Understanding and enhancing patient engagement in cognitive bias modification interventions. Symposium conducted at the annual conference of the Association for Behavioral and Cognitive Therapies, New York, NY.
9. **Norr, A. M.**, Oglesby, M. E., & Schmidt, N. B. (2015, November). *Computerized anxiety sensitivity intervention effects on social anxiety symptoms: Intolerance of uncertainty as a moderator*. In R. J. Jacoby (chair), Intolerance of uncertainty: A transdiagnostic perspective through different research paradigms. Symposium conducted at the annual conference of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
10. Allan, N. P., **Norr, A. M.**, Oglesby, M. E., & Schmidt, N. B. (2015, November). *Sex influences the effects of a mood-focused CBM on transdiagnostic risk factors of mood and anxiety*. Submitted in N. P. Allan (Chair), Psychosocial considerations in interventions for transdiagnostic risk factors of anxiety. Symposium conducted at the annual conference of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
11. **Norr, A. M.**, Albanese, B. J., & Schmidt, N. B. (2014, December). *The relationship between gender and PTSD: Anxiety sensitivity as a mechanism*. Paper presented at the annual meeting of the Special Operations Medical Association Scientific Assembly, Tampa, Florida.
12. Albanese, B. J., **Norr, A. M.**, & Schmidt, N. B. (2014, December). *Anxiety sensitivity mediates gender disparities in post-concussive symptoms following traumatic brain injury*. Paper presented at the annual meeting of the Special Operations Medical Association Scientific Assembly, Tampa, FL.
13. Capron, D. W., **Norr, A. M.**, & Schmidt, N. B. (2014, November). Fearful reactivity to perceptual illusion challenges: A novel interoceptive exposure paradigm for anxiety sensitivity cognitive concerns? In L. J. Dixon (Chair), *Seeking sensations: Innovative advancements for utilizing interoceptive exposure to target anxiety sensitivity*. Symposium conducted at the annual conference of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
14. Capron, D. W., Allan, N. P., **Norr, A. M.**, Zvolensky, M. J., & Schmidt, N. B. (2013, November). Short-term changes in anxiety, depression, and suicidality after successful or unsuccessful smoking cessation. In K. M. Avallone and A. C. McLeish (Chairs), *Mechanisms underlying tobacco and marijuana use and cessation*. Symposium conducted at the annual conference of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
15. **Norr, A. M.**, Capron, D. W., Korte, K. J., Medley, A. N., & Schmidt, N. B. (2013, July). Health anxiety, medical information seeking, and anxiety sensitivity. In K. Korte (Chair), *Novel findings in anxiety sensitivity research*. Symposium conducted at the triennial meeting of the World Congress of Cognitive and Behavior Therapies, Lima, Peru.
16. Capron, D. W., Medley, A. N., Korte, K. K., **Norr, A. M.**, & Schmidt, N. B. (2013, July). Interpretation bias modification for anxiety sensitivity: Pilot results. In K. Korte (Chair), *Novel findings in anxiety sensitivity research*. Symposium conducted at the triennial meeting of the World Congress of Cognitive and Behavior Therapies, Lima, Peru.

PROFESSIONAL PRESENTATIONS (REGIONAL/LOCAL)

1. Thang, C., Ramirez, E., Barrera, W., Gordon, B., & **Norr, A. M.** (2024, October). *"Becoming ACEs Aware Training in California" - A Case-Based Virtual Curriculum Integrated into Medical Training Programs*. Poster presented at the annual UCLA DGSOM Medical Education Day, Los Angeles, CA.
2. **Norr, A. M.**, Nguyen, J. L., Katz, A. C., & Reger, G. R. (2021, June). *Pilot trial of a transdiagnostic computerized anxiety sensitivity intervention among VA primary care patients*. Paper presented at the biennial VA Puget Sound Healthcare System Mental Health Service Research and Evaluation Day, Seattle, WA.
3. Verstaen, A., **Norr, A. M.**, & Strack, K. M. (2021, June). *Sponsorship program for new hires in Seattle OMH: Initial development and evaluation*. Paper presented at the biennial VA Puget Sound Healthcare System Mental Health Service Research and Evaluation Day, Seattle, WA.
4. **Norr, A. M.** & Fortney, J. C. (2020, January). *Adaptive interventions and sequential, multiple assignment, randomized trial (SMART) designs*. Paper presented at the annual University of Washington Medical School Department of Psychiatry and Behavioral Sciences Research Day, Seattle, WA.
5. **Norr, A. M.**, Smolenski, D. J., & Reger, G. M. (2018, June). *Effects of exposure therapy on suicidal ideation in active duty soldiers*. Paper presented at the annual PTSD Research Forum Trainee Showcase, VA Puget Sound, Seattle, WA.
6. **Norr, A. M.**, Smolenski, D. J., Katz, A. C., & Reger, G. M. (2017, June). *Virtual reality exposure vs. prolonged exposure: Which treatment for whom?*. Paper presented at the annual PTSD Research Forum Trainee Showcase, VA Puget Sound, Seattle, WA.
7. **Norr, A. M.**, & Schmidt, N. B. (2015, April). *Dissociation and anxiety sensitivity cognitive concerns: A novel challenge paradigm*. Paper presented at the annual Florida State University Graduate Research Day, Tallahassee, FL.

POSTER PRESENTATIONS

1. Ruan, H., Gayle, K. R., **Norr, A. M.**, Mendoza, G. A., & Wu, C. (2023, October). *Workplace Violence Prevention Program Improvement Project* [ePoster presentation]. The International Forum on Quality and Safety in Healthcare, Melbourne, Australia.
2. **Norr, A. M.**, Bourassa, K. J., Stevens, E. S., Hawrilenko, M. J., Michael, S. T., & Reger, G. M. (2019, June). *Relationship between change in in-vivo exposure distress and PTSD symptoms during exposure therapy for active duty soldiers*. Poster presented at the biennial VA Puget Sound Healthcare System Mental Health Service Research and Evaluation Day, Seattle, WA.
3. Bourassa, K. J., Stevens, E. S., Katz, A., Rothbaum, B. O., Reger, G. M. & **Norr, A. M.** (2019, June). *The impact of exposure therapy on resting heart rate and heart rate reactivity among active duty soldiers with PTSD*. Poster presented at the biennial VA Puget Sound Healthcare System Mental Health Service Research and Evaluation Day, Seattle, WA.
4. Stevens, E. S., Bourassa, K. J., **Norr, A. M.**, & Reger, G. M. (2019, June). *PTSD symptom cluster structure in prolonged exposure and virtual reality exposure*. Poster presented at the biennial VA Puget Sound Healthcare System Mental Health Service Research and Evaluation Day, Seattle, WA.
5. Caulfield, N., Martin, R. L., **Norr, A. M.**, & Capron, D. W. (2019, April). *Assessing the Link between*

Anxiety Sensitivity Cognitive Concerns and Suicidal Thoughts through Dissociative Symptoms. Poster presented at the annual conference of the American Association of Suicidology, Denver, CO.

6. **Norr, A. M.**, Smolenski, D. J., Katz, A. C., Rizzo, A. A., Rothbaum, B. O., Difede, J., Koenen-Woods, P., Reger, M. A., & Reger, G. M. (2018, November). *Virtual reality exposure vs. prolonged exposure for PTSD: Which treatment for whom?* Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Washington, D.C.
7. Landrum, S. S., Michael, S. T., & **Norr, A. M.** (2018, November). *Comprehensive time limited group treatment for combat related PTSD: Integrating communalizing trauma and exposure therapy.* Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Washington, D.C.
8. Shulman, G., **Norr, A. M.**, & Reger, G. M. (2018, November). *Measuring intent to return may reduce exposure therapy dropout in active duty soldiers.* Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Washington, D.C.
9. Reger, G. M., **Norr, A. M.**, Buck, B. & Zoellner, L. A. (2018, November). *Preliminary Results of a Randomized Pilot Trial of the PE Coach Mobile Application.* Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Washington, D.C.
10. **Norr, A. M.**, Smolenski, D. J., & Reger, G. M. (2018, October). *Effects of exposure therapy on suicidal ideation among military personnel with PTSD.* Poster presented at the annual VA Puget Sound Patient Safety Fair, Seattle, WA.
11. **Norr, A. M.**, Smolenski, D. J., & Reger, G. M. (2018, May). *Effects of prolonged exposure and virtual reality exposure on suicidal ideation in active duty soldiers.* Poster presented at the annual meeting of the Association of VA Psychologist Leaders, San Antonio, TX.
12. **Norr, A. M.**, Moradi, S., Allan, N. P., Reger, G. M., & Schmidt, N. B. (2017, November). *Indirect effects of computerized anxiety sensitivity treatment on suicidal ideation: Chained mediation through anxiety and depressive symptoms.* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
13. **Norr, A. M.**, Smolenski, D. J., Katz, A. C., & Reger, G. M. (2017, June). *Virtual reality exposure vs. prolonged exposure for PTSD: Which treatment for whom?* Poster presented at the biennial VA Puget Sound Healthcare System Mental Health Service Research and Evaluation Day, Seattle, WA.
14. **Norr, A. M.**, Gibby, B. A., Fuller, K. L., Portero, A. K., & Schmidt, N. B. (2016, November). *Online dissemination of the Cognitive Anxiety Sensitivity Treatment (CAST) using Craigslist.* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
15. Fuller, K. L., Portero, A. K., **Norr, A. M.**, & Schmidt, N. B. (2016, November). *Computerized CBT and days of perceived illness reduction through anxiety sensitivity.* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
16. Boffa, J. W., **Norr, A. M.**, Short, N. A., Amir, N., & Schmidt, N. B. (2016, November). *Validation of the Word Sentence-Association Paradigm for PTSD Self-Report Measure.* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
17. Short, N. A., Fuller, K., **Norr, A. M.**, & Schmidt, N. B. (2016, November). *Acceptability of a brief computer-based intervention targeting anxiety sensitivity cognitive concerns.* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

18. Pizzino, G., **Norr, A. M.**, & Schmidt, N. B. (2016, April). *Dissociation exposure and anxiety sensitivity*. Poster presented at the annual Florida State University Undergraduate Research Day, Tallahassee, FL.
19. Gibson, M., Pizzino, G., **Norr, A. M.**, & Schmidt, N. B. (2016, April). *Anxiety sensitivity as a predictor of self-rated health*. Poster presented at the annual Florida State University Undergraduate Research Day, Tallahassee, FL.
20. **Norr, A. M.**, Boffa, J. W., Allan, N. P., & Schmidt, N. B. (2015, November). *The effects of a computerized anxiety sensitivity intervention on cyberchondria*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Chicago, IL.
21. Boffa, J. W., **Norr, A. M.**, Raines, A. M., Albanese, B. J., Short, N. A., & Schmidt, N. B. (2015, November). *Pre-trauma anxiety sensitivity interacts with trauma exposure to predict posttraumatic stress symptoms*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Chicago, IL.
22. Albanese, B. J., Allan, N. P., Boffa, J. W., Short, N. A., Oglesby, M. E., **Norr, A. M.**, Sutton, C., & Schmidt, N. B. (2015, November). *Disengaging from threat: Anxiety sensitivity as a mediator between attentional control deficits and post-traumatic stress symptoms*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Chicago, IL.
23. Boffa, J. W., **Norr, A. M.**, Raines, A. M., Albanese, B. J., Short, N. A., & Schmidt, N. B. (2015, April). *Anxiety sensitivity prospectively predicts post-traumatic stress symptoms after a campus shooting*. Poster presented at the annual Florida State University Graduate Research Day, Tallahassee, FL.
24. **Norr, A. M.**, & Schmidt, N. B. (2015, April). *Dissociation and anxiety sensitivity: A new challenge paradigm*. Poster presented at the annual meeting of the Anxiety and Depression Association of America, Miami, FL.
25. Capron, D. W., **Norr, A. M.**, & Schmidt, N. B. (2015, April). *Novel perceptual illusion exposure exercises for anxiety sensitivity cognitive concerns*. Poster presented at the annual meeting of the Anxiety and Depression Association of America, Miami, FL.
26. Allan, N. P., Macatee, R. J., **Norr, A. M.**, Raines, A. M., & Schmidt, N. B. (2015, April). *Disentangling relations between anxiety sensitivity and distress tolerance and their relations to fear, distress, and alcohol and substance use disorders*. Poster presented at the annual meeting of the Anxiety and Depression Association of America, Miami, FL.
27. Boffa, J. W., **Norr, A. M.**, Albanese, B. J., Oglesby, M. E., Short, N. J. & Schmidt, N. B. (2015, April). *Core features of clinical disorders contribute to test anxiety*. Poster presented at the annual meeting of the Anxiety and Depression Association of America, Miami, FL.
28. Albanese, B. J., **Norr, A. M.**, Boffa, J. W., Allan, N. P. & Schmidt, N. B. (2015, April). *Attentional control predicts health anxiety among a traumatic brain injured population: Moderating effects of anxiety sensitivity cognitive concerns*. Poster presented at the annual meeting of the Anxiety and Depression Association of America, Miami, FL.
29. **Norr, A. M.**, & Schmidt, N. B. (2014, November). *An anxiety sensitivity cognitive concerns intervention: Psychoeducation without interoceptive exposure*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
30. Durmaz, D. A., **Norr, A. M.**, Short, N. A., & Schmidt, N. B. (2014, November). *An examination of the relationship between perceived self-efficacy and symptoms of posttraumatic stress disorder*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.

31. Albanese, B. J., Allan, N. P., **Norr, A. M.**, Capron, D. W., Zvolensky, M. J., & Schmidt, N. B. (2014, November). *The effects of a brief AS intervention on alcohol use in a community sample of smokers*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
32. **Norr, A. M.**, Allan, N. P., Capron, D. W., Raines, A. M., Zvolensky, M. J., & Schmidt, N. B. (2014, March). *Hierarchical model of emotional distress disorders: Relations with anxiety sensitivity subfactors*. Poster presented at the annual meeting of the Anxiety and Depression Association of America, Chicago, IL.
33. Saracino, V. N., **Norr, A. M.**, & Schmidt, N. B. (2014, February). *Discomfort intolerance in the prediction of negative affect in response to a behavioral challenge*. Poster presented at the annual Florida Undergraduate Research Conference, Miami, FL.
34. **Norr, A. M.**, Capron, D. W., & Schmidt, N. B. (2013, November). *Anxiety sensitivity and medical information seeking: An experimental investigation*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, Tennessee.
35. Oglesby, M. E., Unruh, A. S., **Norr, A. M.**, Raines, A. M., Capron, D. W., Korte, K. J., & Schmidt, N. B. (2013, November). *Perceived control as a moderator of intolerance of uncertainty and social anxiety*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, Tennessee.
36. Capron, D. W., Allan, N. P., **Norr, A. M.**, Zvolensky, M. J., & Schmidt, N. B. (2013, November). *Clinically significant changes in short-term psychopathology following smoking cessation*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, Tennessee.
37. **Norr, A. M.**, Capron, D. W., & Schmidt, N. B. (2013, July). *A test of expectancy theory: Anxiety sensitivity and co-occurring psychopathology*. Poster presented at the triennial meeting of the World Congress of Behavioural and Cognitive Therapies, Lima, Peru.
38. **Norr, A. M.**, Oglesby, M. E., Capron, D. W., Raines, A. M., & Schmidt, N. B. (2013, April). *Intolerance of uncertainty: Comparison with other vulnerability factors across anxiety disorders*. Poster presented at the annual Florida State University Graduate Research Day, Tallahassee, FL.
39. Chavarria, J., **Norr, A. M.**, & Taylor, J. (2013, April). *The effects of gender and self-regulation on problematic alcohol and substance use*. Poster presented at the annual Florida State University Graduate Research Day, Tallahassee, FL.
40. **Norr, A. M.**, Oglesby, M. E., Capron, D. W., Raines, A. M., Korte, K. J., & Schmidt, N. B. (2013, April). *Intolerance of uncertainty and other transdiagnostic vulnerability factors in social anxiety and worry*. Poster presented at the annual meeting of the Anxiety and Depression Association of America, La Jolla, CA.
41. Bontempo, A. C., Capron, D. W., Medley, A. N., Korte, K. J., **Norr, A. M.**, & Schmidt, N. B. (2013, April). *The role of indecisiveness across OCD symptoms*. Poster presented at the annual meeting of the Anxiety and Depression Association of America, La Jolla, CA.
42. **Norr, A. M.**, Capron, D. W., & Schmidt, N. B. (2012, November). *Low anxiety sensitivity and the anxiety disorders*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
43. Oglesby, M. E., Medley, A. N., **Norr, A. M.**, Capron, D. W., Korte, K. J., & Schmidt, N. B. (2012, November). *Examination of intolerance of uncertainty as a vulnerability factor in hoarding behaviors*. Poster presented at the annual meeting of the Association for Behavioral and

Cognitive Therapies, National Harbor, MD.

44. Capron, D. W., **Norr, A. M.**, Zvolensky, M. J., & Schmidt, N. B. (2012, November). *Can an anxiety sensitivity intervention reduce suicidality?*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
45. **Norr, A. M.**, Oglesby, M. E., Capron, D. W., & Schmidt, N. B. (2012, April) *Anxiety sensitivity smoking intervention and suicide related outcomes*. Poster presented at the annual meeting of the Anxiety and Depression Association of America, Arlington, VA.
46. Oglesby, M. E., **Norr, A. M.**, Medley, A. N., Capron, D. W., Korte, K.J., & Schmidt, N. B. (2012, April) *The association between social anxiety and intolerance of uncertainty*. Poster presented at the annual meeting of the Anxiety and Depression Association of America, Arlington, VA.
47. Cvencek, D., Meltzoff, A. N., Greenwald, A. G., & **Norr, A. M.** (2011, March). *Preschool IAT: An implicit measure of attitudes and learning for preschool children*. Poster presented at the annual conference of the Inter-Science of Learning Centers, Washington, DC.
48. **Norr, A. M.**, Cvencek, D., Meltzoff, A. N., & Greenwald, A. G. (2010, May). *Implicit and explicit cognition of preschool children*. Poster presented at the annual meeting of Northwest Cognition and Memory, Bellingham, WA.

RESEARCH TRAINING

- | | |
|-------------|---|
| 2017 – 2018 | VA Puget Sound Health Care System, Seattle, WA
<i>Advanced Fellowship Program in Mental Illness Research and Treatment</i>
Mental Illness Research, Education, and Clinical Center (MIRECC) |
| 2016 – 2017 | VA Puget Sound Health Care System, Seattle, WA
<i>Clinical Psychology Doctoral Intern</i>
<u>PI:</u> Greg Reger, PhD |
| 2011 – 2016 | Anxiety and Behavioral Health Clinic, Florida State University
<i>Lab Manager; Project Manager; Neurophysiology Technician; Research Assistant</i>
<u>PI:</u> Brad Schmidt, PhD
<u>Award:</u> American Foundation for Suicide Prevention (\$99,996.71)
<i>Suicide Risk Prevention among Patients with Anxiety Psychopathology</i>
<u>Award:</u> Department of Defense Military Suicide Research Consortium (\$1,308,905)
<i>Development and Evaluation of a Brief, Suicide Prevention Intervention Targeting Anxiety and Mood Vulnerabilities</i>
<u>Award:</u> DOD Military Suicide Research Consortium (\$300,000)
<i>Development and Evaluation of a Brief Suicide Prevention Intervention Reducing Anxiety Sensitivity</i> |
| 2011 – 2013 | Cognitive Neuroscience Lab, Florida State University
<i>Project Coordinator</i>
<u>PI:</u> Christopher Patrick, PhD
<u>Award:</u> National Institute of Mental Health (\$445,511)
<i>Trait Fear and Disinhibition in Impulse Control Disorders</i> |
| 2008 – 2011 | Behavioral Research and Therapy Clinics, University of Washington
<i>Research Assistant</i>
<u>Supervisors:</u> Marsha Linehan, PhD; Melanie Harned, PhD; Kathryn Korslund, PhD |

2007 – 2011 **Institute for Learning and Brain Sciences, University of Washington**
Assistant Lab Manager; Research Assistant
Supervisors: Andrew Meltzoff, PhD; Rechele Brooks, PhD; Dario Cvencek, PhD

EDITORIAL EXPERIENCE (AD HOC REVIEWS)

Assessment
Behaviour Research and Therapy
Clinical Psychology Review
Cognitive Behaviour Therapy
Cognitive Therapy and Research
Computers in Human Behavior
Cyberpsychology: Journal of Psychosocial Research on Cyberspace
Health Policy and Technology
International Journal of Behavioral Medicine
Journal of Affective Disorders
Journal of Anxiety Disorders
Journal of Clinical Psychology
Journal of Nervous and Mental Disease
Journal of Psychopathology and Behavioral Assessment
Journal of Technology in Behavioral Science
Physiology and Behavior
Psychiatry Research
Psychotherapy and Psychosomatics
Training and Education in Professional Psychology

TEACHING AND TRAINING EXPERIENCE

2020 – 2021 **Track Lead, Mood and Anxiety Disorders Fellowship**
VA Puget Sound Health Care System, Seattle, WA

2020 – 2021 **Member, Training Committee, Psychology Training Program**
VA Puget Sound Health Care System, Seattle, WA

2018 – 2023 **Faculty Member, MIRECC Advanced Research Fellowship**
VA Puget Sound Health Care System, Seattle, WA

2018 – 2023 **Faculty Member, Mood and Anxiety Disorder Fellowship**
VA Puget Sound Health Care System, Seattle, WA

2019 – 2021 **Supervisor, Psychiatry Resident CBT Rotation**
VA Puget Sound Health Care System, Seattle, WA

2018 – Current **Supervisor, Psychology Interns and Fellows, Clinical & Research**
VA Puget Sound Health Care System, Seattle, WA

2016 – 2019 **Member, Doctoral Internship Training Seminar Committee**
VA Puget Sound Health Care System, Seattle, WA

- 2016 – 2018 **Member, Doctoral Internship Selection Committee**
VA Puget Sound Health Care System, Seattle, WA
- 2017 - Current **Didactic Instructor**
VA Puget Sound Healthcare System, Seattle, WA
Topics:
 CBT for Panic Disorder and Agoraphobia
 Virtual Reality Exposure vs. Prolonged Exposure for PTSD: Which Treatment for Whom?
 Intensive treatment for combat PTSD: A Multicomponent Model Utilizing Virtual Reality Exposure
 Anxiety Sensitivity and Its Treatment
Settings:
 Psychology Service Didactic
 CME Lecture for Mental Health Prescribers
 PTSD Research Forum, PTSD and Co-Occurring Disorders Journal Club
 Acute Inpatient Didactic Series
 CBT Psychiatry Resident Didactic Series
- 2016 **Guest Lecturer**
University of Washington School of Medicine, Seattle, WA
 MEDEX NW Division of Physician Assistant Studies Didactics (graduate-level)
Topic: Psychotherapy 101: The Basics
- 2015 – 2016 **Teaching Assistant (2 semesters)**
Department of Psychology, Florida State University, Tallahassee, FL
 Regression Analysis (graduate-level)
- 2011 – 2016 **Instructor & Supervisor**
Department of Psychology, Florida State University, Tallahassee, FL
 Directed Individual Study (undergraduate-level)
- 2013 – 2015 **Guest Lecturer**
Department of Psychology, Florida State University, Tallahassee, FL
Topics:
 Trauma- and Stressor-Related Disorders according to the DSM-5
 Intro to diagnostic classification of psychiatric disorders
Settings:
 Abnormal Psychology (undergraduate-level)
 Clinical and Counseling Psychology (undergraduate-level)
- 2011 **Departmental Assistant**
Course: Careers in Psychology (undergraduate-level)

CLINICAL TRAINING

- 2017 – 2018 **Postdoctoral Fellow**
PTSD Outpatient Clinic, VA Puget Sound Health Care System, Seattle, WA
- 2016 – 2017 **Clinical Psychology Doctoral Intern**

VA Puget Sound Health Care System, Seattle, WA

- 2015 – 2016 **Assistant Director – Anxiety Specialty Clinic**
Anxiety and Behavioral Health Clinic, Tallahassee, FL
Director: Brad Schmidt, PhD
- 2011 – 2016 **Anxiety/Mood Disorders Specialist**
Anxiety and Behavioral Health Clinic, Tallahassee, FL
Supervisor: Brad Schmidt, PhD
- 2012 – 2014 **Practicum Therapist**
Florida State University Psychology Clinic, Tallahassee, FL
Supervisors: Thomas Joiner, PhD; Kimberly Driscoll, PhD; Therese Kemper, PhD;
 Jesse Cougle, PhD; Brad Schmidt, PhD
- 2008 – 2009 **Crisis Intervention Specialist**
King County Crisis Clinic, Seattle, WA

PROFESSIONAL SERVICE

- 2023 – Current **Chair, Education and Training Steering Committee**
UCLA-UCSF Aces Aware Family Resilience Network (UCAAN), Los Angeles, CA
- 2021 – 2023 **Chair, Education and Professional Development Committee**
VA Puget Sound Health Care System, Seattle, WA
- 2021 – 2023 **Member, Organizational Health Council**
VA Puget Sound Health Care System, Seattle, WA
- 2021 – 2023 **Member, Whole Health Committee**
VA Puget Sound Health Care System, Seattle, WA
- 2021 – 2023 **Member, Scholarship Recommendation Committee**
VA Puget Sound Health Care System, Seattle, WA
- 2020 – 2021 **Section Quality Improvement Lead, Outpatient Mental Health**
VA Puget Sound Health Care System, Seattle, WA
- 2019 – 2021 **Member, Outpatient Mental Health Section Group Psychotherapy Committee**
VA Puget Sound Health Care System, Seattle, WA
- 2018 – 2019 **Member, Implementation of Measurement Based Care Workgroup**
VA Puget Sound Health Care System, Seattle, WA
- 2018 **Coordinator, PTSD Research Forum**
VA Puget Sound Health Care System, Seattle, WA
- 2017 – 2018 **Member, PTSD Outpatient Clinic Patient Engagement Workgroup**
VA Puget Sound Health Care System, Seattle, WA

2015 – 2016 **Member, FSU Healthy Campus 2020 Mental Health Team**
Florida State University, Tallahassee, FL

PROFESSIONAL MEMBERSHIPS

American Psychological Association (APA)
Division 19 – Society for Military Psychology
Anxiety and Depression Association of America (ADAA)
Association for Behavioral and Cognitive Therapies (ABCT)
Anxiety Disorders Special Interest Group
Association of VA Psychologist Leaders (AVAPL)

LANGUAGES

English (native fluency)
Spanish (conversational proficiency)